



RMU GOLDEN JUBILEE 2023

6th INTERNATIONAL SCIENTIFIC CONFERENCE

“50 Years of Excellence in Medical Education and Beyond”



Scientific Program at a Glance

Day-1

Monday -18-12-23

Inaugural Ceremony 8.00am-10.00am Venue Latif Auditorium	Plenary session 10.00 am – 11.00am Latif Auditorium	TEA BREAK 11.00-11.30am	Symposium- 1, Nephrology 11:30 -1.30pm, Hall-1	LUNCH BREAK 1.30 pm – 2.30pm	Symposium- 7, Emergency Medicine 2:30 - 4:30 pm, Hall 1
			Symposium-2, Oncology 11:30- 01:30pm, Hall 2		Symposium- 8, General Surgery 2:30- 3:30 pm , Hall 2
			Symposium- 3, Rheumatology 11:30 - 01:30pm, Hall 3		Symposium-9, Artificial Intelligence 03.30-04.30pm, Hall 2
			Symposium- 4, Dermatology 11:30-01:30 pm, Hall- 4		Symposium- 10, Orthopedics 2:30 - 4:30 pm, Hall 3
			Symposium- 5, Cardiology -1 11:30-1:30 pm, Latif Auditorium		Symposium- 11, Critical Care 2:30 - 4:30 pm, Hall-4
			Symposium- 6, , Basic Sciences 11:30-1:30 pm, Heritage Hall		Symposium- 12, Cardiology-2 2:30 - 4:30 pm, Latif Auditorium

Day-2

Tuesday - 19-12-23

Plenary session (8.00 am – 9.00am) Latif Auditorium	Symposium-13, Pathology 9:00 - 11:00 am , Hall 1	TEA BREAK 11.00 - 11.30am	Symposium-17, Psychiatry- 1 11:30 – 1:30pm , Hall- 1	LUNCH BREAK 1.30 pm – 2.30pm	Symposium-21, Pulmonary 2:30 - 4:30 pm, Hall 1
	Symposium-14, Hypertension 9:00 - 11:00 am , Hall- 2		Symposium-18, Family Medicine - 11:30 - 01:30 pm ,Hall 2		Symposium-22, Family Medicine 2.30 – 3.30pm - Hall 2
	Symposium-15, Research & Publications – 9:00– 11:00am, Hall 3		Symposium-19, Medical Education & Leadership -11:30 - 01:30 pm, Hall 3		Symposium-23, Neurology 03:30-4.30 pm , Hall-2
	Symposium-16, Gastroenterology 9.00am 11.00am- Hall -4		Symposium-20, GYNAE/OBS - 11.30- 1.30pm, Hall – 4		Symposium-24, ENT 2:30 - 4:30 pm, Hall- 3
					Symposium-25, Endocrinology 2:30 PM - 4:30 pm Hall – 4

Day-3

Wednesday-20-12-2023

Healthcare Innovation Seminar' 2023 Wednesday- 20-12-2023, 09:30am- 01:00pm Venue – Latif Auditorium	Symposium- 26 First Joint AAPNA Merit & PSS Stroke Symposium & Mini-stroke fellowship convocation Wednesday- 20-12-2023, 02:00pm-06:00pm Venue – Hall-1
Symposium- 27, Ophthalmology 11:30 - 01:30 pm, Venue - Hall -4	

Day- 4

Thursday 21-12-2023

Symposium- 28 Career Counseling Session Thursday 21-12-2023 , 8.00am- 10.00am Venue- Latif Auditorium	Symposium- 29 RMU Research Gala Resident Research Forum(RRF) Thursday 21-12-2023 , 10.00am- 4.30am Venue- Lecture Hall 1-2
	Symposium- 30 RMU Research Gala Rawalian Student Research Forum(RSRS) Thursday 21-12-2023 , 10.00am- 4.30am Venue- Lecture Hall 3-4

Day- 5

Friday 22-12-2023

Symposium-31 - Innovative Medical Care Organized by RCAP (Rawalian Community Awareness Program) Friday 22-12-2023, 9.00am- 1.00pm Venue- lecture Hall 1 & 4	Symposium -32 - Urology Friday 22-12-2023, 9.00am- 1.00pm Venue- Lecture Hall- 3	Symposium -33 – Pediatric Friday - 22-12-2023, 09:00am- 01.00pm Venue - Lecture Hall 2
Symposium – 34 – Psychiatry - 2 Friday 22nd Dec 2023, 9.00 – 11.00am Venue – Heritage Hall		

Day- 6

Saturday 23-12-2023

Symposium-35 - Allied Health Sciences 8.45am -1.30pm Venue - lecture Hall 1 &4	
Session on MLT (8.45am- 9.45am)	Session on DPT (10.40am- 11.50am)
Session on OPTO (9.45am – 10.40am)	Session on DPT (10.40am- 11.50am)
Session on O&P (12.25pm- 1.20pm)	
Symposium- 36 – Nursing 8.45am -1.30pm Venue- lecture Hall 2	
Symposium- 37 Diabetes Empowerment- Team Based Approach 9.00am-01.00pm Venue: RMU	

Day 1

Inaugural Ceremony

8.00am-10.00am
Latif Auditorium

Plenary Session

Venue - Latif Auditorium
18th Dec 2023 - 10.00am –11.00am

Compassion in Health Care - An Evidence Based Practice
Dr. Faisal Masud, MD - USA

TEA BREAK (11.00 am – 11.30am)

Symposium- 1 - Nephrology

18th Dec 2023 - 11:30am-1.30pm

Venue – Lecture Hall - 1

Panel of Experts	Professor Sami J. Khan, Dr Zahid Nabi, Dr Mujtaba Qadri, Dr. Avais Masud, Dr Nadeem Ansari
Moderator	Dr Asif Raja, Dr Osama

S.#	Time	Topic	Presenter
1.	11.30-11.55am	Acute Kidney Injury in Intensive Care Units	Dr. Avais Masud - USA
2.	11.55-12.20pm	Management of Refractory Lupus Nephritis(on Zoom)	Dr. Irfan Agha - USA
3.	12.20-12.45pm	Chronic Kidney Disease Epidemic in Pakistan: Burden & Challenges	Dr. Khalil Rehman - USA
4.	12.45-01.10pm	Sudden Cardiac Death in Dialysis: Causes & Prevention	Dr. Avais Masud - USA
5.	01.10-01.30pm	BK Virus Nephropathy and importance of Kidney Medullary Tissue for the Accurate Diagnosis of BKVAN.	Dr Asrar Khan- AU
Q & A			

Symposium - 2 - Oncology

18th Dec 2023 - 11:30am-1.30pm

Venue –Lecture Hall - 2

Panel of Experts	Dr. Muhammad Faheem , Dr Noreen, Dr Farrukh, Dr Humera, Dr. Kamran Rasheed,
Moderator	Dr Qaiser Aziz Haqqani

S.#	Time	Topic	Presenter
1.	11.30-12.10pm	Cancer Survivorship: Enhancing Length and Quality of Survival (on Zoom)	Prof. Dr Noreen Aziz MD PhD MPH (USA)
2.	12.10-12.30pm	Radiotherapy- An Essential Treatment Modality in the Management of Breast Cancer	DR. Humera Mahmood
3.	12.30-12.50pm	Management of High Risk Carcinoma Rectum	Dr. M. Farrukh
4.	12.50-01.10pm	Major Breakthrough In Cancer	Dr. Kamran Rashid
5.	01.10-01.30pm	Experience of Oncology clinic in Holy Family Hospital	Dr. Qaiser Aziz Haqqani
Q & A			

Symposium – 3 - Rheumatology

18th Dec 2023 - 11:30am-01:30pm

Venue – Lecture Hall – 3

Panel of Experts	Dr Talat Khesghi, Dr Wajahat Aziz, Dr Sumaira Farman, Dr Javaid Mehmood Malik, Dr Muhammad Khurram
Moderator	Dr Shamaila Mumtaz

S.#	Time	Topic	Presenter
1.	11:30-11:50am	Rheumatoid Arthritis - New Developments and Treatment modalities	Dr Wajahat Aziz
2.	11:50-12:30pm	SLE – A Multifaceted Disease	Dr Talat Khesghi (USA)
3.	12:30-12:55pm	Gout- Management updates	Dr Javaid Mehmood Malik
4.	12:55-01:15pm	Varied Presentations of Systemic Vasculitis	Prof Uzma Rasheed
5.	01:15-01:30pm	Uncommon Rheumatological Conditions – Case Discussion	Dr Shamaila Mumtaz
Q & A			

Symposium-4 - Dermatology

18th Dec 2023 - 11:30am-01:30pm

Venue – Lecture Hall - 4

Panel of Experts	General Zafar Iqbal Sheikh, Dr Babar Rao, Dr Quddus Butt, Brig Naeem, Dr Afaq Ahmed, Dr Usman Akram, Dr Amer Akmal, Dr Armeela Javeed
Moderator	Dr Shawana Sharif

S.#	Time	Topic	Presenter
1.	11.30-11.50am	Dermoscopy.. An interactive session	Dr. Babar Rao -USA
2.	11.50-12.05pm	Unlocking the diagnostic power of Trichoscopy	Dr. Shawana Sharif
3.	12.05-12.30pm	Interpretation of Serological tests for Syphilis.. Tips and Tricks	Lt. Col. Dr. Uzma Bashir
4.	12.30-12.50pm	Artificial Intelligence in Dermatology	Dr Babar Rao -USA
5.	12.50-01.10pm	Hyaluronic acid fillers in Aesthetic medicine	Dr Armeela Javeed
6.	01.10-01.30pm	What's new in hair transplant	Dr. Hamayun
Q & A			

Symposium – 5 – Cardiology (1)

18th Dec 2023 - 11:30am - 01:30pm

Venue – Latif Auditorium

Panel of Experts	Dr Arshad Rehan, Dr. Azhar Kiyani, Prof. Syed Khurram Shazad, Prof Arshad Ali, Gen.Imran Fazal, Prof Muhammad Naeem Malik ,Prof Muhammad Shabbir, Prof Asad Ali Saleem
Moderator	Dr. Muhammad Asad, Dr Hamid Sharif

S.#	Time	Topic	Presenter
1.	11:30-11:50am	Valvular Heart Disease: An Update on Management and Future Directions	Dr. Asaad Akbar Khan
2.	11.50-12.10pm	Cardiovascular Training in Pakistan: Past, Present, and Future	Dr. Azhar Kiyani
3.	12.10-12:30pm	ST Elevation Myocardial Infarction: Management Guidelines and Their Adoption in Pakistan	Dr. Sohail Aziz
4.	12.30-12.50pm	Ischemic Heart Disease in Women	Prof. Nusrat Ara
5.	12:50-01.10pm	Peripheral Vascular Disease: Evaluation and Management	Dr. Arshad Ali-USA
6.	01.10-01:30pm	So You Had a Heart Attack! Long-Term Management Post ACS and Stable Coronary Artery Disease	Dr. Sana
Q & A			

Symposium – 6 - Basic Sciences

18th Dec 2023-11.30am-1.30pm

Venue – Heritage Hall

Panel of Experts	Prof. Akram Randawa, Prof. Muhammad Aslam, Prof. Umar Ali, Prof Azam Zia, Prof Ijaz, Dr. Zia Ur Rehman Farooqi, , Prof. Arshad Sabir, Prof. Ayesha Yousaf, Prof. Samia Sarwar, Prof. Ifra Saeed, Dr. Asma Khan, Dr. Romana Malik
Moderator	Dr. Khaula Noreen & Dr. Sidra Hamid

S.#	Time	Topic	Presenter
1.	11.30-11.35am	Introduction and Opening	Dr. Khaula Noreen
2.	11.35-11.45am	Human Rights and the Responsibilities of Health Care Professionals in the light of Medical Ethics	Dr. Hassan Bokhari
3.	11.45-12.05pm	Black Seed, a Blessed Herbal Remedy, Experience at RMU	Prof. Akram Randhawa
4.	12.05-12.20pm	Empathy levels among undergraduate students of health sciences	Dr. Sidra Hamid
5.	12.20-12.35pm	Morphometric study of vertebral artery groove in dry human cervical vertebra in Pakistani population	Dr. Mohtashim Hina
6.	12.35-12.50pm	Trend of snakebite cases and their management at Holy Family Hospital Rawalpindi during 2022	Prof S. Arshad Sabir, Dr. Rizwana Shahid
7.	12.50-01.10pm	Development and Validation of a Tool for Assessment of Professionalism In Undergraduate Medical Students of Public Sector Medical University of Pakistan	Dr. Khaula Noreen
8.	01.10-01.30pm	A Study to Determine The Frequency Of Dyslipidemia In Patients Of Hypothyroidism In Pakistan	Dr. Kashif Rauf
Q & A			

LUNCH BREAK (1.30 pm – 2.30pm)

Symposium-7 – Emergency Medicine

18th Dec 2023 - 2:30 - 4:30pm

Venue – Lecture Hall – 1

Panel of Experts	Prof Muhammad Umar, Prof Tanveer Khaliq, Prof Tariq Iqbal, Dr Abdur Rehman, Dr Abbul Islam, Dr. Kh. Junaid Mustafa, Dr. Mir Abdul Waheed, Dr. Tamqeen Pervez
Moderator	Dr. Aimen Malik

S.#	Time	Topic	Presenter
1.	02.30-02.50pm	Roadmap of Emergency Medicine development in Pakistan	Dr Ayaz Abbasi-UK
2.	02.50-03.10pm	Journey of Emergency Medicine Foundation program in RMU	Dr Usman Qureshi
3.	03.10-03.30pm	Hyponatremia and Hyperkalemia in Emergency Room	Dr Avais Masud - USA
4.	03.30-03.50pm	Rashes in ER	Dr Babar Rao - USA
5.	03.50-04:10pm	Five Cases & Five stories	Dr Asim Ijaz - UK
6.	04:10-04:30pm	How will Emergency Care Change in the next 10 years? (on Zoom)	Dr Adrian Boyle - Uk (President RCEM-UK)
Q & A			

Symposium – 8 – General Surgery

18th Dec 2023 – 02.30-03.30pm

Venue – Lecture Hall – 2

Organized By Society of Surgeons of Pakistan (Rwp/Isb Chapter)

Panel of Experts	Prof. Iqbal, Prof Mussadiq Khan, Prof. Azam Yousaf, Prof Faisal Bhophal, Prof Tanveer Khaliq, Prof M. Amir., Prof Iqbal Khan, Prof Idrees Anawr,
Moderator	Dr Huma Sabir Khan, Dr Qasim Ali

S.#	Time	Topic	Presenter
1	02.30-02.45pm	Management of Carotid body tumor	Prof. Waqas Raza
2	02.45-03.00pm	Safe laparoscopic Cholecystectomy	Dr Faryal Azhar
3	03.00-03.15pm	Role of HIPEC in advanced abdominal malignancies	Dr Hadi Khan
4	03.15-03.30pm	Erectile Dysfunction - Past, Present and Future	Dr. Salim Afridi - USA
Q & A			

Symposium – 9- Artificial Intelligence

18th Dec 2023 - 03:30am-04:30pm

Venue - Lecture Hall-2

Panel of Experts	Prof. Riaz Ahmed, Prof Fuad Ahmed Niazi, Prof Nasir Khan
Moderator	Dr Huma Sabir Khan, Dr Qasim Ali

S.#	Time	Topic	Presenter
1	03.30-03.50pm	AI in Healthcare	Dr. Sania Waheed - USA
2	03.50-04.10pm	Digital technology and AI	Dr Sohail Aman- USA
3	04.10-04.30pm	RMU AI initiative	Prof. Riaz Ahmed
Q & A			

Symposium – 10 - Orthopedics

18th Dec 2023 - 2:30 - 4:30pm

Venue- Lecture Hall – 3

Panel of Experts	Prof Riaz Ahmed, Dr Shams Tabraiz, Prof Khalid Aslam, Gen. Suhail Amin, Brig Muhammad Saleem, Dr Muhammad Zubair, Prof Nayar Qayum, Dr. Rifat Ali Zaidi, Dr Fareed ullah Khan Zimri, Dr. Abid Niazi
Moderator	Dr. Obaid Ur Rahman, Dr. Rehman Rasool

S.#	Time	Topic	Presenter
1.	02:30-02:50pm	Optimizing patient for joint replacement	Dr. Rifat Ali Zaidi - USA
2.	02:50-03:00pm	Deformity calculation basics	Dr. Rifat Ali Zaidi - USA
3.	03:00-03:20pm	Arthroscopy: National and International Perspective	Dr Shams Tabraiz-UK
4.	03:20-03:40pm	Developing a sports arthroscopy practice in Pakistan	Dr. Mustafa Javed
5.	03:40-03:50pm	How to assess and manage knee Osteoarthritis	Dr Anwaar Kiani
6.	03:50-04:10pm	Orthopaedic Updates	Dr. Rifat Ali Zaidi - USA
7.	04:10-04:20pm	Effects of peroneus longus graft harvesting on ankle function –	Dr Hassan
8.	04:20-04:30pm	Functional outcome of Bristow procedure in patient with anterior shoulder dislocation	Dr. Rana Adnan, Dr. Nadeem Anjum
9.	04:30-04:40pm	Functional outcome of DDH surgery measured by Bhatti score - a Novice method of scoring –	Dr Muhammad Mobushir
Q & A			

Symposium- 11 - Critical Care

18th Dec 2023 - 2:30-4:30pm

Venue –Lecture Hall - 4

Panel of Experts	General (R) Waqas Kazi, Brig(rtd) Muhammad Saleem, Dr Faisal Masud, Professor Iqbal Memon, Dr Jawad Zahir
Moderator	Dr Abeera Zareen, Dr Abrar Akbar

S.#	Time	Topic	Presenter
1.	02.30-03.00pm	How to do quality Initiatives in Critical care	Dr Faisal Masud (USA)
2.	03.00-03.30pm	Optimal Vasopressor Management in Sepsis – Timing and Indications	Dr Faisal Masud (USA)
3.	03.30-03.55pm	Latest Antibigram and resistance pattern in Critical Care Medicine of PIMS	Dr Farah
4.	03.55 -4.20pm	Experience of percutaneous tracheostomies in RMU.	Dr Arshad Shahani
Q & A			

Symposium – 12- Cardiology (2)

18th Dec 2023- 2:30-4:30pm

Venue - Latif Auditorium

Panel of Experts	Dr Arshad Rehan, Prof Amir Ayub, Prof Imran Saeed Ali, Prof Azmat Hayat, Prof Abdul Hameed Siddique, Dr Hamid Sharif, Dr Abdul Salam
Moderator	Dr Waleed Abbasi, Dr Asad

S.#	Time	Topic	Presenter
1.	02.30-02.50pm	Acute Coronary Syndrome: Current Management and Future Directions	Dr. Asma Shabbir
2.	02.50-03:10pm	So You Had a Heart Attack! Long-Term Management Post ACS and Stable Coronary Artery Disease	Dr. Sana
3.	03:10-03-30pm	Catheter-Based Management of Cardiac Arrhythmias	Dr Talha
4.	03:30-03:50pm	Understanding Atrial Fibrillation	Dr. Amir Ayub-Uk
5.	03:50-04:10pm	Atrial Fibrillation: Current Guidelines and Their Implementation in Pakistan	Dr. Atif
6.	04:10-04:30pm	Management of Ventricular arrhythmias in Pregnancy	Dr. Mohammad Asad
Q & A			

Day 2

Tuesday 19th Dec 2023 - 8.00 am – 9.00am

Plenary Session

Venue - Latif Auditorium

Current Advances and Challenges In Promoting Vascular Health Practices

Dr. Ashfaq Shuaib - Canada

Symposium – 13 - Pathology

Tuesday 19th Dec 2023- 9:00 - 11:00 am

Venue - Lecture Hall-1

Panel of Experts:	Dr Hafeez Ud Din, Prof. Naeem Akthar, Gen. Farooq Khan, Dr. Amer Akmal, Dr.Khalid Hassan, Dr. Nadeem Ikram,
Moderator:	Dr. Mudassira Zahid / Dr.Noreen Atzaz

S.#	Time	Topic	Presenter
1.	09.00 –0 9.05am	Welcome Address	Prof. Dr. Wafa Omer
2.	09.05 – 09.30am	Top 10 things to know before transfusing blood	Dr. Amer Akmal, MD- USA
3.	09.30 –10.00am	Impact of Lab Test Utilization on Healthcare Quality	Dr. Imran Mirza,MD - UAE
4.	10.00 - 10.20am	Bone Marrow Transplantation: when to advise	Brig.(R) Syed Kamran Mahmood
5.	10.20- 10.40am	Diagnostic Stewardship	Dr.Afreenish Amir
6.	10.40- 10.50am	Case Report: Bernard Soulier Syndrome	Dr. Qurat-ul-Ain
7.	10.50-11.00am	Vote of Thanks and Concluding Remark	Prof. Mobina Ahsan Dhodhy
Q & A			

Symposium – 14 - Hypertension

Tuesday 19th Dec 2023 - 9:00 - 11:00 am

Venue - Lecture Hall-2

Panel of Experts:	Prof Sami J Khan, Prof. Saleem Qureshi, Dr. Avais Masud, Dr Imran Iftikhar, Prof Shahbaz Qureshi , Dr Zahid Nabi
Moderator	Dr Asif Raja, Dr Osama

S.#	Time	Topic	Presenter
1	09.00-09.30am	Hypertension for Primary Care Physicians	Dr. Avais Masud - USA
2	09.30-10.00am	Hypertension in Pediatric & Adolescent Patients	Dr. Muhammad Ilyas - USA
3	10.00-10.30am	Secondary Hypertension	Dr. Avais Masud- USA
5	10.30-11.00am	Case Discussions on Hypertension	Dr Asif Raja
Q & A			

Symposium – 15 -Research & Publications

Tuesday 19th Dec 2023, 9:00am – 11:00am

Venue - Lecture Hall-3

Panel of Experts:	Prof. Shagufta Saeed Sial, Dr. Faiza, Dr. Saqib Shahab, Dr. Noreen Aziz, Prof Khadija Qamar, Prof S. H. Waqar
Moderators:	Dr. Uzma Hayat, Dr. Arsalan Manzoor Mughal, Dr Omaima Asif

S.#	Time	Topic	Presenter
1.	09.00-09.15am	Research Ethics in Pakistan	Dr. Farooq Azam Rathore
2.	09.15-09.30am	Establishing a Research Cell at Rawalpindi Medical University	Prof. Shagufta Saeed Sial
3.	09.30-09.45am	Cancer Survivorship Research - Examples and Evolution (on Zoom)	Prof. Dr Noreen Aziz MD PhD MPH (USA)
4.	09.45-10.15am	Research across the Continuum: Student Research to Medical Publication	Panel Discussion
5.	10.15-10.45am	Journals of Rawalpindi Medical University	Dr Arsalan Manzoor Mughal
6.	10.45-10.50am	Inauguration of "Pakistan Medical Journal"	Dr Faisal Masood-USA
7.	10.50-11.00am	Inauguration of "Journal of Nursing & Allied Health"	Dr M. Umar
Q & A			

Symposium – 16 – Gastroenterology

Tuesday 19th Dec 2023, 9.00am– 11.00am

Venue - Lecture Hall-4

Panel of Experts	Prof Bushra Khaar, Gen Tassawar Hussain, Brig (R) Amjad Salamat, Dr. Waseem Ud Din , Dr. Sofia Janjua, Dr Muhammad Salih, Dr Nusrat Yar Khan, Dr Asim Anwar, Dr Aysha Niazi,
Moderator	Dr. Tanveer Hussian, Dr Sadia, Dr Aqsa Naseer, Dr Javeria

S.#	Time	Topic	Presenter
1.	09.00-09.20am	Portal hypertension management and updates	Dr Raiya Sarwar - USA
2.	09.20-09.40am	Endoscopic Resection Techniques for Gastrointestinal Neoplasia	Dr Muhammad Bilal -USA
3.	09.40-09.50am	An experience of Pancreatic clinic, RMU perspective	Dr Aqsa Naseer
4.	09.50-10.10am	Upcoming treatments and management for IBD	Dr. Sofia Janjua - USA
5.	10.10-10.30am	Cholangiocarcinoma Management	Brig (R) Amjad Salamat
6.	10.30-10.50am	Updates in the Management of Hepatocellular Carcinoma.	Dr. Shahzad Riyaz
Q & A			

TEA BREAK (11.00 am – 11.30am)

Symposium – 17 – Psychiatry - 1

Tuesday 19th Dec 2023, 11.30 – 1.30pm

Venue - Lecture Hall-1

Panel of Experts:	Prof. Dr. Rizwan Taj, Prof. Dr. Fareed Aslam Minhas, Prof. Dr. Salim Jahangir, Prof. Dr. Mowadat H. Rana, Prof. Dr. Mazhar Malik, Prof. Dr. Abdul Wahab Yousafzai, Dr Ahmed Jamal Janjua
Moderator	Prof. Dr Asad Tamizudin,

S.#	Time	Topic	Presenter
1.	11:30-11:50am	Early Diagnosis & Treatment of Depression	Dr. Muhammad Aslam MD - USA
2.	11:50 -2:10pm	Mood Disorders	Dr. Babra Rana MD - Canada
3.	12:10-12:30pm	Delirium (on Zoom)	Dr. Sarfaraz Saeed Khan - MD - USA
4.	12:30-12:50pm	Cultural Intelligence: understanding the indices of cultural presentations.	Dr. Shahid Latif- UK
5.	12:50-1:10pm	Improving Mental & Physical Health together: Center for Impact -	Prof Asad Tamiz uddin Nizami
6.	1:10-1:30pm	Establishing Child & Adolescent mental health services in developing countries	Prof Waqar Azeem
Q & A			

Symposium – 18- Family Medicine (1)

Tuesday 19th Dec 2023, 11.30am-1.30pm

Venue - Lecture Hall- 2

Panel of Experts	Prof. Shazad Ali Khan, Dr Nasir Shah, Dr Jalil Khan, Dr Marie Andreas, Dr Sadia Khan, Dr.Hina Jawaid, Dr Naem, Dr Manzoor, Dr Sarfraz, Dr Faheem, Dr. Sarah Makhdoom
Moderator	Dr Sadia Khan

S.#	Time	Topic	Presenter
1.	11:30 -11:55am	Assessment of Syncope in Primary Care	Dr. Sarah Makhdoom- Canada
2.	11:55-12:15pm	Role of Primary Care in developing countries	Dr. Ansar Hayat-Uk
3.	12:15-12:35pm	Family Medicine and Beyond	Dr. Zahid Rafiq MD -Canada
4.	12:35-12:55pm	How is lack of well-organized Primary Care system affecting health outcomes in Pakistan	Dr.Hina Jawaid - UK
5.	12:55-01:15pm	AI applications in Family Medicine	Dr Hisham Haq, UK
6.	01:15-01:30pm	Ethical Dilemmas in Clinical Practice	Dr. Saima Iqbal
Q & A			

Symposium – 19 - Medical Education & Leadership

Tuesday 19th Dec 2023, 11:30 am-01:30pm

Venue - Lecture Hall-3

Panel of Experts:	Prof Rai Asghar, Prof Sohail Amin, Prof Umar Ali, Prof Iqbal Khan, Prof. S H Waqar, Prof. Imran Mirza, Prof. Faisal Masud, Prof Rehman Sarfaraz, Prof. Ifra Saeed
Moderators:	Dr Faisal Masud, Dr Arsalan Manzoor Mughal

S.#	Time	Topic	Presenter
1.	11.30-11.45am	Prof Umar's Model of Integrated Teaching & Assessment-	Prof. Muhammad Umar
2.	11.45-12.15pm	Mastering the art of Teaching & Learning: Essential Skills in Medicine	Dr. Imran Mirza-UAE
3.	12.15-12.30pm	Interactive Session on Medical leadership	Dr. Faisal Masud - USA
4.	12.30-12.45pm	Navigating The Horizon of Artificial Intelligence (AI) in Medical Education and Clinical Research	Dr. Rehan Ahmad Khan
5.	12.45-01.00pm	Curricular Reforms at Rawalpindi Medical University	Prof. Ifra Saeed Dr. Sidra Hamid
6.	01.00-01.25pm	Ensuring Quality in Medical Curricula: Developing a Comprehensive Guidelines for Pakistan	Panel Discussion
Q & A			

Symposium – 20 - GYNAE/OBS
Tuesday 19thDec 2023, 11.30am-1.30pm
Venue – Lecture Hall- 4

Panel of Experts	Prof Syeda Batool Mazhar, Prof Fehmeeda Shaheen, Prof Rizwana Chaudhri Brig. Saira , Prof Lubna Ejaz, Prof Shagufta Saeed Sial , Prof Fareesa Waqar,
Moderators:	Dr. Sadia Khan, Dr Sobia Nawaz, Dr. Saima Khan

S.#	Time	Topic	Presenter
1.	11:30am - 11:45am	Patient Safety during revamping of HFH- A real challenge	Prof Tallat Farkhanda
2.	11:45am - 11:57am	PCOS, its Impact on life	Prof Rizwana Chaudhri
3.	11:57am - 12:09pm	Healthy women beyond midlife	Prof Dr. Syeda Batool Mazhar
4.	12:09pm - 12:21pm	Research ethics	Prof Shagufta Saeed Sial
5.	12:21pm - 12:33pm	Challenges of population explosion	Dr Shahana Saleem
6.	12:33pm - 12:43pm	Enhancing empathy in medical students	Prof Dr Nabia
7.	12:43pm - 12:53pm	IVF in advanced maternal age	Dr Zeba Manzar
8.	12:53pm - 01:00pm 01.00pm - 1.07pm	Lapses in professional behavior of Gynae residents Use of AI in obstetrics and gynecology	Dr Humera Noreen Prof Gulshan Ara
9.	01:07pm - 01:14pm	Association of pre-eclampsia and environmental temperature	Dr Rubaba Naqvi
10.	01:14pm - 01:21pm	Linking AI with medical profession	Dr Sadia Khan
11.	01:21pm - 01:30pm	Conclusion of session and discussion	
Q & A			

LUNCH BREAK (1.30 pm – 2.30pm)

Symposium – 21 - Pulmonology
Tuesday 19thDec 2023, 02:30-4:30 pm
Venue – Lecture Hall-1

Panel of Experts	Prof. Maj. Gen(R) Aslam Khan, Maj Gen.(R) Badsha Zahidi, Brig(R) Jamil, Dr. Fawad Chaudry,, Dr. M. Babar Cheema , Prof Muhammad Khurram
Moderator	Dr Zahid Umer , Dr. Samar Saleem

S.#	Time	Topic	Presenter
1.	02:30-2:50pm	Introduction to Interventional Pulmonology	Dr. Dr. Fawad Chaudry,- USA
2.	02:50-03:10pm	Intro to Lung Ultrasound	Dr. Mohsin Zaman - USA
3.	03:10-03:30pm	EBUS/EUS staging of lung cancer	Dr. Fawad Chaudry,- USA
4.	03:30-03:50pm	Diagnostic advances in lung cancer and screening	Dr Murtaza Kazmi
5.	03:50-04:10pm	EBUS – A local Experience	Prof. M. Amir
6.	04:10-04:30pm	Robotic bronchoscopy for early detection of lung nodules - past, present and future	Dr. Dr. Fawad Chaudry,- USA
Q & A			

Symposium – 22 - Family Medicine (2)**Tuesday 19thDec 2023, 02:30-3:30 pm****Venue - lecture Hall- 2**

Panel of Experts	Prof. Shazad Ali Khan, Dr. Sarah Makhdoom, Dr. Zahid Rafiq, Dr Nasir Shah, Dr Marie Andreas, Dr Sadia Khan, Dr Hina Jawaaid, Dr Naem, Dr Manzoor, Dr Sarfraz, Dr Faheem
Moderator	Dr Sadia Khan

S.#	Time	Topic	Presenter
1.	02:30-02:40pm	Common Scenarios in Family Practice	Dr Saadia Mustafa
2.	02:40-02:50pm	Career in Family Medicine	Dr Jalil khan
3.	02:50-03:00pm	Chronic Disease Management in Family Medicine	Dr Unab Khan
4.	03:00-03:10pm	Geriatric care in Family practice-	Dr Rabeeya Saeed
5.	03:10-03:20pm	Managing Multimorbidity in primary care-	Prof Marie Andreas
6.	03:20- 3:30pm	Approach to Headache in Primary Care	Dr Sadaf Nawaz
7.	03:30- 3:40pm	Patient centered approach in Clinical practice	Dr Sadia Khan
Q & A			

Symposium – 23 - Neurology**Tuesday 19thDec 2023, 3.30–4:30pm****Venue –lecture Hall- 2**

Panel of Experts	Prof Arsalan Ahmed , Prof Muhammad Irshad , Dr Mazhar Badshah, Dr Raja Farhat Shoaib, Dr Husnain Hashim,
Moderator	Dr. Waqas Ahmed, Dr Salman

S.#	Time	Topic	Presenter
1.	03:40-04:05pm	Myasthenia Gravis - Real Life Cases	Dr. Omer Suhaib -USA
2.	04:05-04:30pm	Immune mediated Myopathies	Dr. Omer Suhaib - USA
Q & A			

Symposium – 24 - ENT**Tuesday 19thDec 2023, 02:30-04:30****Venue -Lecture Hall- 3**

Panel of Experts	Prof Muhammad Ajmal, Maj.Gen(R) M. Ashfaq, Gen.Nusrat Raza, Prof. Aslam Chaudary, Prof Manzoor Ahmad, Prof Musharraf Baig , Dr Ayesha Bashir, Prof. Nousheen Qureshi, Dr Amir Sabih
Moderator	Dr Ashar Alamgir

S.#	Time	Topic	Presenter
1.	2.30-2.50pm	An unusual case of neck swelling	Dr Haitham Akash
2.	2.50-3.10pm	Role of PRP in sensorineural hearing loss	Brig Zaheer ul Islam
3.	3.10-3.30pm	The miracle of stapes surgery	Col. Dr Atif Najam
4.	3.30-3.50pm	Management of pharyngocutaneous fistula	Dr Danial
Q & A			

Symposium – 25 - Endocrinology
Tuesday 19thDec 2023, 02:30-4:30pm
Venue - Lecture- Hall- 4

Panel of Experts	Prof Jamil Zafar , Prof. Rauf Niazi, Prof Saleem Qureshi, Prof Nighat Bilal, Prof Haider Baqai, Prof Masud Malik , Dr Mubashir
Moderator	Dr. Shahzad Manzoor, Dr Saima Ambreen, Dr Iqra Ashraf

S.#	Time	Topic	Presenter
1.	02:30-03:00pm	Diabetes	Dr. Mubashir Mahmood M.D-USA Dr. Sahar Jameel - USA
2.	03:00-03:15pm	Hypothyroidism and Hyperthyroidism	Dr. Mubashir Mahmood M.D-USA
3.	03:15-03:30pm	Osteoporosis or Inpatient Diabetes management	Dr Kashif Rasheed
4.	03:30-03:45pm	Hypothyroidism or Pituitary Adenoma	Dr Adnan Zahid
5.	03:45-04:00pm	Endocrine Hypertension	Prof Matiullah khan
6.	04:00-04:15pm	Hyperprolactinemia	Dr. Osama Isthiaq
Q & A			

Day- 3

Healthcare Innovation Seminar 2023

Wednesday- 20-12-2023, 09:30am- 01:00pm

Venue – Latif Auditorium

**APPNA WINTER MEETING 2023**

HEALTHCARE INNOVATION SEMINAR' 23**20-DECEMBER****09:30 AM - 01:00 PM****Pakistan time****VENUE: Auditorium, Rawalpindi Medical University****Online: Through Zoom**

OBJECTIVE:

This seminar aims to bridge the gap between healthcare innovation and entrepreneurship. Attendees will gain valuable insights into validating healthcare startup ideas, product development, market launch strategies, and methods for securing startup capital.

TARGET AUDIENCE:

Healthcare professionals, entrepreneurs, innovators, startup enthusiasts, venture capitalists, angel investors, health-tech startups, pharmaceutical companies, general investors, academia (including faculty and students), HEC (Higher Education Commission) representatives, National Incubation Centers (NICs), Business Incubation Centers (BICs), Office of Research, Innovation & Commercialization (ORICs), National Centers, and physician entrepreneurs.

FORMAT:

Each session is a panel discussion, offering a platform for seasoned professionals to share their experiences, insights, and advice.

REGISTRATION LINK:

<https://bit.ly/rmuseminar23>

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**APPNA WINTER MEETING 2023**

HEALTHCARE INNOVATION SEMINAR' 23**20 - DECEMBER,****09:30 AM - 01:00 PM Pakistan time**

VENUE: Auditorium, Rawalpindi Medical University**Online: Through Zoom**

AGENDA

Opening Remarks

SESSION: 1

Title: Translating Idea to Startup - Validating Your Innovation
Description: In the world of healthcare, not every idea becomes a startup. Delve into what makes an idea startup-worthy, exploring key validation methods, metrics, and pitfalls. Learn the crucial steps to ensure your innovation can become a successful startup.
Moderator: Fareed Suri, MD

SESSION: 2

Title: Turning Healthcare Innovations into Tangible Solutions - Product Development
Description: Chart the course from idea to product, focusing on establishing an effective ecosystem. Dive into essential steps: from structuring and resource allocation to crafting a compelling unique value proposition and utilizing the lean canvas.
Moderator: TBD

SESSION: 3

Title: Market Launchpad - Market Onset & Mandates
Description: Dive into the multifaceted journey of a market launch. This panel will guide you through the intricate maze of regulations, approvals, and strategic collaborations essential for a successful product debut.
Moderator: Babar Rao, MD

SESSION: 4

Title: Securing Capital & Resources for Startups
Description: Uncover diverse funding pathways, from bootstrapping to venture capital. Highlighting local government, private initiatives, and external resources, this session offers a roadmap to strategic capital acquisition for startups.
Moderator: Shahid Rafiq, MD

Chief Guest - Key Note
Closing Remarks
Networking and Refreshments

REGISTRATION LINK:

<https://bit.ly/rmuseminar23>

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Day- 3
Symposium- 26
First Joint AAPNA Merit & PSS Stroke Symposium &
Mini-stroke fellowship convocation
Wednesday- 20-12-2023, 02:00pm-06:00pm
RMU Campus

Time	Topic	Speaker	
	Recitation of the Holy Quran		
10min	Welcome Address	Shahid Rafiq MD	USA
20min	Dual antiplatelet agents in high-risk TIAs and minor stroke	Prof Ashfaq Shoaib	Canada
15min	Stroke system of care, stroke units, and accreditation	Dr Maria khan	Dubai
15min	Acute stroke management including IV thrombolytic option and in-hospital stroke management	Dr. Farhat Raja	Islamabad
15min	Stroke follow-up, rehabilitation, and secondary prevention	Dr Waqar Hafeez	Islamabad
5min	Stroke education and research, and Quality measure.	Dr. Husnain Hashim	Rawalpindi
10min	SITS registry (TBD)	Niaz Ahmed MD PhD	Sweden (online)
15min	Telestroke and its Role in Improving Stroke Care in Pakistan	Dr Malik Adil	Islamabad
05min	Remarks by President PSS	Dr Ayesha Zafar	Peshawar
	Remarks by APPNA MERIT	Taimoor Khan MD	USA
05min	Remarks by VC RMU	Prof M. Umar	Rawalpindi
20min	Panel of Experts	Prof Mazhar Badshah Prof Arslan Ahmed Prof Babar Khan Prof Maimoona Siddique Prof . Khurram Haq Nawaz Prof M. Khurram Prof Shehzad Manzoor . Dr Lubna Mehraj, Taimoor Khan MD	
Tea Break			

Workshops on Advanced Techniques in Neurology

Time	Course	Course directors	
45min	3D Flow Model Workshop	Fareed Suri MD	USA
		Col Jehanzeb Liaqat	Rawalpindi
45min	Fundamentals of Nerve Conduction Studies:	Omer Suhaib MD	USA
Dinner			

Symposium – 27 - Ophthalmology

20th Dec 2023 - 11:30am-01:30pm

Venue - Lecture Hall – 4

Ophthalmology Session-1

Panel of Experts	Prof Yaseen Durani, Prof S.Imtiaz Ali, Gen Mazhar Ishaq, Brig. Amir Yaqub, Professor BA Naeem
Moderator	Prof. Fuad Ahmad khan Niazi

S.#	Time	Topic	Presenter
1.	11:30-11:40am	Ophthalmic manifestations & optic nerve functions in patients with corona	Dr Ayesha Kausar
2.	11:40-11:50am	Retinopathy of prematurity	Dr Sumera Altaf
3.	11:50-12:00pm	Diabetic Retinopathy an epidemic and global burden	Dr Shakaib Anwar
4.	12:00-12:10pm	AI as a diagnostic tool for diabetic retinopathy	Prof. Fuad Ahmad Khan Niazi
5.	12:10-12:20pm	A young male with sudden loss of vision	Dr Seher Umer
Q & A			

Ophthalmology Session-2

Panel of Experts	Prof. Ali Raza, Col. Shehzad
Moderator	Dr. Qamar Farooq

S.#	Time	Topic	Presenter
1.	12:20-12:30pm	Etiology diagnosis and management of vertical strabismus	Dr. Sana Nadeem
2.	12:30-12:40pm	ARMDA progressive disability	Dr. Shakaib Anwar
3.	12:40-12:50pm	A case report on paediatric neurofibromatosis type 2	Dr. Najia Uzair
4.	12:50-01:00pm	Clinical efficacy and safety of suprachoroidal triamcinolone acetonide in resistant diabetic macular edema	Dr. Ambreen Gul
5.	01:00-01:10pm	Effect of prophylactic use of fixed combination of topical Dorzolamide and Timolol on intraocular pressure spike after intravitreal Bevacizumab	Dr. Maria Zubair
6.	01:10-01:20pm	Anatomical success rate of tectonic keratoplasty at a tertiary care hospital	Dr. Sidra Jabeen
Panel Discussion & Distribution of Certificates			

Day- 4

RMU Research Gala

Thursday 21-12-2023, 8.00AM- 4.30AM

Venue- RMU Campus

Symposium- 28
Inauguration of Research Gala
&
CAREER COUNSELING SESSION
Thursday 21st Dec, 8.00am- 10-00am
Latif Auditorium
RMU

S.#	Time	Topic	Presenter
	08.00- 08.20am	Inauguration of Research Gala	
1	08.20-08.35am	PLAB & beyond	Dr Tauqeer Abbas Awan - UK
2	08.35-08.50am	Career Building	Dr Ayaz Abbasi - UK
3	08.50-09.05am	Scholarship During Medical Training	Dr M. Bilal - USA
4	09.05-09.20am	Digital technology and AI	Dr. Sohail Aman - USA
	09.20-09.35am	Career counselling for US Visas How to find externships, US stay US embassy interviews etc.	Dr.Fateh Shahzad- USA
5	09.35- 09.50am	Medics Travelling Abroad for work and Training	Dr Bashir Gondal - AU
Q & A			

Symposium-29 – RSRS (Rawalian Student Research Society)

Thursday 21st Dec, 10-00 - 4.30pm

Venue- Hall- 2

Panel of experts-1	Dr Faisal Masud, Dr. Babar Rao –USA, Dr Ayaz Abbasi, Prof. Dr. Arshad Sabir, Prof. Dr. Asad Tamizuddin Nizami, Dr Talat Khesghi, Dr. Rifat Ali Zaidi, Dr Bashir Gondal,
Panel of experts-2	Dr Asim Ijaz, Dr. Amir Ayub, Dr. Shahid Latif, Dr. Arshad Ali, Dr. Zahid Rafiq, Dr. Fawad Choudhry, Dr. Avais Masud, Prof. Dr. Naveed Akhtar Malik, Dr. Afifa Kulsoom, Dr. Khola Noreen,
Moderator	Fatima Faraz, Mohammad Ebad, Hamza Khan

S.#	Time	Topic	Presenter
1.	10:30-10:35 am	Tilawat Quran-e-Pak	
2.	10:35-10:50 am	Welcome note	President RSRS
3.	10:50-11:00 am	RSRS introduction	Dr. Afifa Kulsoom
4.	11:00-11:05 am	Opening remarks	Vice President RSRS Hamza Khan
ORAL PRESENTATIONS			
5.	11:05-11:15 am	Analgesic Efficacy and Safety of Erector Spinae Versus Serratus Anterior Plane Block in Managing Pain Following Breast and Thoracic Surgery, a Systematic Review and Meta-Analysis	Qurat Ul Ain
6.	11:15-11:25 am	The Evaluation of Factors effecting Mortality in Patients with Acute Pancreatitis	Faizan Shahzad
7.	11:25-11:35 Am	Unveiling The Secrets Of Acute Preoperative Pain: A Cross-Sectional Study In Rawalpindi's Allied Hospitals	Zainab Batool
8.	11:35-11:45 Am	Investigating the Impact of Cybersecurity Breaches on Cardiac Implantable Devices: Assessing Vulnerabilities and Ensuring Patient Safety	Saman Javid Mohammad Jalal Shah
9.	11:45-11:55 am	Adverse Effects of Chemotherapy on Females with Breast Cancer treated in a Public Sector Cancer Hospital, in Pakistan	Uswa Ifthikar
10.	11:55-12:05 pm	Effectiveness of abdominal breathing exercises as a treatment modality of gastroesophageal reflux disease (GERD): a randomized controlled trial	Maryam Sadiq
11.	12.05- 12.15pm	Immunosuppression therapy for aplastic anemia in children, a systematic review and meta-analysis.	Taha Zahid Chaudhry
12.	12.15-12.25pm	Mitigating Cardiotoxicity Associated with anticancer drugs-an updated systematic review	Zobia Farooq
13.	1.00-1.30PM	PANEL DISCUSSION	
ORAL PRESENTATIONS			
14.	1.30-1.40pm	Barriers to physical activity among female medical students of RMU: A Cross Sectional Study	Maryam Mukhtar
15.	1.40-1.50pm	Medical Students' Preference for Specialty and Factors Influencing It. A cross-sectional survey.	Sadia Aziz
16.	1.50- 2.00pm	Is a traditional educational system losing the need of standard textbooks. A cross-sectional study.	Ayesha Maqbool
17.	2.00- 2.10pm	Factors associated with awareness regarding prenatal diagnosis of thalassemia major; a cross sectional study in Rawalpindi Pakistan	Noor ul Ain Fatima
18.	2.10- 2.20pm	Association Between Diabetes Mellitus Type 2, Its Complications and Depressive Symptoms in Patients Visiting Diabetic Clinic of Benazir Bhutto Hospital Rawalpindi: A Cross-Sectional Study	Tayyab Rasool
19.	2.20-2.30pm	Predictors of nomophobia and its association with personality traits: a cross-sectional survey among medical undergraduates	Arisha Kanwal
20.	2.30- 2.40pm	Assessing Association of Circadian preference and Sleep	Mahnoor Junaid

		Disturbance in Adults with Attention Deficit Hyperactivity Disorder	
21.	2.40-2.50pm	Considerations for Equity in Research Methods	Izza Zaidi
22.	2.50- 3.00 pm	Association Of Co-Morbidity With The Severity Of Dengue In Rawalpindi, Pakistan	Fizza Maryam
23.	3.00- 3.10 pm	Closing Remarks	Hamza Khan
24.	3.10- 3.30pm	Closing ceremony	

Venue: Lecture Hall 3

S.#	Time	Competition
1.	11:00-1:00pm	Quiz
2.	1:30-3:00pm	Data Analysis Exercise

Venue: Lecture Hall 4

S.#	Time	Competition
1.	11:00-1:00pm	Reviewer's Rostrum
2.	1:30-3:00pm	Beyond the Textbook

Venue: Ground

S.#	Time	Competition
1.	11:00-3:00pm	Poster Presentations

Symposium-30 – RRF (Resident Research Forum)

Thursday 21st Dec , 10-00 - 4.30pm

Venue- Hall 2 & 3

The panel of experts:		Dr. Sarah Makhdoom, Dr. Sofia Janjua, Dr. Arshad Rehan, Dr. Omer Suhaib, Dr Hisham Haq, Dr. Sania Waheed, Dr Irfan Akthar, Dr Amer Akmal, Dr. Imran Mirza, Prof Naeem Zia, Dr. Khalil Rehman		
Moderator		Dr. Shahzaib Maqbool, Dr. Faisal, Dr. Bahjat, Dr. Faiza Akram, Dr. Zunaira Azam, Dr. Fariba, Dr. Ramsha Niaz, Dr. Noor Ul Sabah Butt		
SESSION 1				
Sr.#	Time	Topic	Presenter	POSTER SITE
1.	11.30-11.40am	Meta-analysis of Efficacy and Safety: Tenecteplase a=versus Alteplase in Acute Ischemic Stroke- A comprehensive Evaluation of Randomized Controlled Trials and observational studies.	Dr. Shahzaib Maqbool	POSTER SESSION-1
2.	11.40-11.50am	Role of chemical reconstruction of skin scar with trichloroacetic acid on ice pick acne scar	Dr. Kinza Nasir	
3.	11.50-12.00pm	An Audit of Door-to-CT-Scan Time in Patients of Acute Stroke in the Emergency Department of Holy Family Hospital, Rawalpindi	Dr. Falaq Iqbal	
4.	12.00-12.10pm	To compare the efficacy and local adverse effects of Isoconazole Nitrate versus Nystatin for the treatment of patients having Otomycosis	Dr Amna Kausar	
5.	12.10-12.20pm	Feasibility And Patient Satisfaction of Tele surgical Wound Assessment for Laparoscopic Procedures in General and Bariatric Surgery Service in A Resource-Limited Setting	Dr Hamza Waqar	
6.	12.20-12.30pm	The Comparison of Outcome of Ventriculoperitoneal Shunts (VP) vs. Endoscopic Third Ventriculostomy (ETV) in Patients with Idiopathic Normal Pressure Hydrocephalus	Dr Mohtasim Shah	
7.	12.30-12.40pm	The Use of a Clinical Prediction Model to Reduce Unnecessary Radiation Exposure by CT-scan in Paediatric Patients of Blunt Abdominal Trauma	Dr Noor Ul Sabah Butt	
8.	12.40-12.50pm	Role of Serratiopeptidase as an adjunct to Medical Expulsive therapy in lower Ureteral stones	Dr Hassan Rathore	
9.	12.50-01.00pm	Investigating the Role of Ferritin in Determining Sexual Underdevelopment in Beta-Thalassemia Major Patients: A Cross-Sectional Analysis from Pakistan	Dr saqlain Ghazanfar	
10.	01.00-01.10pm	Unveiling Pelvic Inflammatory Disease (PID): Exploring Prevalence, Demographics, Clinical Traits, and Risk Factors	Dr. Nida juarez	
11.	01.10-01.20pm	Early vs late cholecystectomy after acute biliary pancreatitis. A randomized controlled trial	Dr Hamza Babar	
12.	01.20-01.30pm	Neutrophil to lymphocyte ratio as a severity predictor of COVID-19 infection	Dr Muhammad Shahid Khan	
13.	01.30-01.40pm	Effects of phenylephrine co-administration on prevention of oxytocin-induced hemodynamic effects	Dr. Farwa Javed	
14.	01.40-01.50pm	Effect of Hot Saline Irrigation on the Operative Field during Endoscopic Sinus Surgery: A Randomized Controlled Trial	Dr Jawairia Altaf	
SESSION 2				
15.	02.00-02.10pm	Lignocaine nebulization versus airway nerve blocks for fiberoptic nasotracheal intubation	Dr Tayyaba	POSTER SESSION-2
16.	02.10-02.20pm	Outcome of Percutaneous Reduction and Fixation of Displaced Calcaneal Fractures: Our Experience	Dr Shahid Gondal	
17.	02.20-02.30pm	Attitudes and behavioral barriers to breastfeeding practices among professional mothers using the IOWA scale, working at Rawalpindi Medical University (RMU)	Dr. Ramsha	
18.	02.30-02.40pm	Accuracy of Alberta Stroke Program Early Computed Tomography Score (ASPECTS) as a Predictor of Outcomes in Acute Ischemic Stroke Patients	Dr. Lubna Hafeez	
19.	02.40-02.50pm	Non-Invasive Parameters for Detection of Esophageal Varices – A Single Centre Study from Pakistan	Dr. Shumaila Mumtaz	
20.	02.50-03.00pm	Patterns Of Self-Medication Among Medical and Non-Medical University Students. A Descriptive Cross-Sectional Study	Dr. Hafsa Attique	
21.	03.00-03.10pm	Assessment Of Severity and Identification of Risk Factors for Extravasation in Neonates Receiving Peripheral Intravenous Therapy.	Dr. Hasnain Aslam	
22.	03.10-03.20pm	Predictors of Respiratory dysfunction in necrotizing pancreatitis using machine learning models	Dr Hamza Waqar	
23.	03.20-03.30pm	Newborn Care Practices among Mothers in Tertiary Care Hospitals of Rawalpindi.	Dr Mehreen Noor	

24.	03.30-03.40pm	Surgical Repair of Irreducible Inguinal Hernia in Neonates; a Retrospective Review.	Dr Amjad Ali	
25.	03.40-03.50pm	A Study to Investigate the Frequency of Patients with Causes of Congenital Cataracts and Their Visual Outcome After Surgery.	Dr Faryal Ahmad	
26.	03.50-04.00pm	Improving the Quality of Psychiatric Inpatient Discharge Certificates through a Two-cycle Audit in a Tertiary Care Hospital in Pakistan	Dr. Bahjat Najeeb	
27.	04.00-04.10pm	Effects of fractional carbon dioxide laser on post-burn hypertrophic scarring.	Dr. Samman Khalid	
28.	04.10-04.20pm	Comparison of Primary Simple Closure and Limberg Flap Technique in Treatment of Pilonidal Sinus	Dr Hira Warris	
27				
28				
	04.30	CLOSING CEREMONY		

Day- 5

Symposium-31-Innovative Medical Care

Organized by RCAP (Rawalian Community Awareness Program)

Friday 22-12-2023, 9.00am- 1.00pm

Venue- HALL 1 & 4

Panel of Experts/ Jury for different categories	Dr. Waseem Haider, Brig Tariq Mehmood, Adnan Siddiqi, Tahir Nihad Bajwa, Prof Arshad Sabir, Dr. Tahir Sharif, Dr. Uzma Shaukat
Moderators	Dr Omaima Asif, Dr Asif Maqsood Butt

S.#	Time	Competition Title	Venue
1.	09.00-11.30am	Oral Presentations highlighting different ideas of improvement in health care delivery	Hall-1
2.	09.00-11.30am	Poster presentations highlighting the need for different campaigns/awareness sessions for improving health infrastructure and disease knowledge	Ground
3.	08 30-10.00am	Medinnovate: Where the young innovators showcase their problem-solving skills for improving the quality of care delivered to our patients	Hall-4
4.	10.00-12.00 pm	Model United Nations: A blend of innovation in medical research, ethical clinical practice and rule of law	Hall-4
5.	09.00-11 30am	Prototype Showcase: A fest where different students showcase their prototype in front of renowned entrepreneurs and avail potential funding opportunities	Ground

Symposium -32 - Urology

Friday 22-12-2023, 9.00am- 1.00pm

Venue- Lecture Hall- 3

Panel of Experts :	Prof. Zein-el-Amir Khan, General (R) Arshad , Dr Aasem Chaudry , Dr Ayaz , Dr. Ejaz Hussain , Dr Shahbaz Haanif, Maj Gen Rafiq Zafar, Prof. Rizwan Hamid, Dr. Ather Khawaja
Moderator	Dr Rameez Ahmed, Dr Zeeshan Qadeer

Sr.No	Time	Topic	Presenter
1	09:00 –09:30am	Welcome note / Innovation & recent developments in Urology Department	Prof Zein El AmirKhan
2	09:30 – 10:00am	Renal Transplant Update	Gen (R) Arshad Mahmood
3	10:00 – 10:30 am	Radical treatment in bladder cancer - update	Dr Ayaz Khan
Tea Break 10:30 – 10:45 am			
4	10:45 – 11:15am	Recent advances in Pediatric Urology	Dr Ijaz Hussain
5	11:15 – 11:45 am	Laparoscopy in Urology - where do we stand today	Dr Abdul Rahim Khan
6	11:45 – 12:15 pm	Robotics in Urology - Moving forwards	Dr Aasem Masood Chaudry
7	12.15 – 12.30 pm	Closing Remarks	Prof Muhammad Umar VC RMU

Symposium -33– Pediatric

Friday - 22-12-2023, 09:00am- 01.00pm

Venue - Lecture Hall 2

Panel of Experts:	Prof Samia Naeemullah, Prof. Parveen Akhtar, Prof. Rubina Zulfiqar, Prof. Tariq Saeed, Dr. Qaiser Shehzad, Dr. Khalid Saheel, Prof. Syed Najam Hyder
Moderator	Dr. Mudassir Sharif, Dr. Hina Sattar, Dr. Asad Shabbir

S.#	Time	Topic	
1.	9:00-9:05 am	Recitation	
2.	9:05-9:15 am	Welcome note	Prof. Rai Muhammad Asghar
3.	9:15-10:00 am	Management of Bronchial Asthma in children	Prof. Samiya Naeemullah
4.	10:00-10:15 am	Question/Answer session	
5.	10:15-11:00 am	Recent update on management of rheumatic heart disease in children & adolescent	Prof. Syed Najam Hyder
6.	11:00-11:15 am	Question/Answer session	
RESEARCH PAPERS			
7.	11.15-11.25am	Descriptive analysis of electrolyte imbalance in relation to severity illness in COVID Pediatric patients Admitted in tertiary care hospital	Dr. Rai Rijjal Ashraf Prof. Rai Muhammad Asghar
8.	11.25-11.35am	Frequency, clinical characteristics, biochemical findings and outcomes of DKA in pediatric age group at Benazir Bhutto Hospital, Rawalpindi	Dr. Rabiya Arif, Dr. Hina Sattar
9.	11.35- 11.45am	A descriptive study of frequency of short term complications in late preterm neonates at tertiary care hospital Rawalpindi.	Dr. Sadaf Ijaz Dr. Maria Shamsheer
10.	11.45- 11.55am	A profile of clinical presentation, management and outcome of Dengue fever in children admitted at a tertiary care hospital Rawalpindi during 2019 outbreak	Prof. Rai Muhammad Asghar Dr. Muddassar Sharif Dr. Khalid Saheel
11.	12.05-12.15pm	Spectrum of congenital heart diseases in infants of diabetic mothers in NICU of tertiary care hospital	Dr. Unsa Ghafoor, Dr. Hina Sattar
12.	12.15-12.25pm	Comparison of efficacy of epinephrine to salbutamol and ipratropium bromide combined in acute bronchiolitis	Dr. Ahsan Iqbal, Dr. Danish, Dr. Qaiser Shahzad, Dr. Asad Shabbir, Dr. Hamayoun
13.	12.25- 12.35pm	Measles in infant under 9 months, a need for early vaccination?	Dr. Jawaria Zain Dr. Nosheena Riaz Dr. Qaiser Shahzad
14.	12.35-12.45pm	Impact of surgery on quality of life in patients with structural heart disease	Dr. kiran Azim Dr. Abdul Malik
15.	12.45-12.55pm	Evolution of antibiotic resistance in neonatal sepsis over a period of 05 years	Dr. Almas hashmi
Q & A			

Symposium – 34 – Psychiatry - 2

Friday 22nd Dec 2023, 9.00 – 11.00am

Venue – Heritage Hall

Panel of Experts:	Prof. Brig(R) Mowdat Rana, Prof. Dr. Asad Tamizuddin Nizami, Dr Ahmed Jamal Janjua, Dr Shahid Latif, Dr Nosheen Kazmi, Dr Sheraz Malik
Moderator	Dr Qurrat ulain Hamdan

S.#	Time	Topic	Presenter
1.	9:00-10:00am	Case Based Discussion: Child Psychiatry	Dr. Shahida Rehmani- USA
2.	10:00-11:00am	Child and Adolescent Psychiatry Training: Global View and Pakistani Perspective	Prof Waqar Azeem- Qatar
Q & A			

Day- 6

Symposium-35 - Allied Health Sciences

Saturday 23-12-2023, 8.45am -1.30pm
Venue - lecture Hall 1 &4

Session on MLT 23-12-2023 (8.45am- 9.45am)

Panel of Experts	Dr Jahangir Khan , Prof Mobina Dhodhy, Dr. Muhammad Ali , Dr. Qudsia
Moderator	Ms. Ajla Javaid

S.#	Time	Topic	Presenter
1.	8:45-8:55am	The Dual Metrics of Cardiovascular Risk: Intima-Media Thickness and Peak Systolic Velocity In Hypertensive Profiles On Ultrasonography	Saira Nasir
2.	8:55-9:05am	Multimodal Brain Tumor Segmentation on MRI Images using BRATS Dataset 2020	Aneeqa Saeed
3.	9:05-09:15am	Antibacterial effect of honey on bacterial pathogens isolated from burn wounds	Samra Noor
4.	9:15- 9:30am	Expert Talk	Prof Muhammad Irfan Khan
5.	9:30-09:45am	Expert Talk	Prof Dr Mazhar Badshah
Q & A			

Session on OPTO 23-12-2023 (9.45am – 10.40am)

Panel of Experts:	Prof Fuad Ahmad Khan Niazi, Prof Furqan Ahmad Siddique, Dr. Muhammad Arshad
Moderator	Dr. Qudsia

S.#	Time	Topic	Presenter
1.	9:45-9:55am	Survey of blind schools regarding etiology of blindness	Syeda Saima Asghar
2.	9:55-10:05am	Impact of Dry Eye Syndrome on Vision Related Quality of Life	Afifa Javaid
3.	10:05-10:15am	Effectiveness Of Smoking Cessation Counselling With Text Messages In Textile Workers Of Pakistan: A Cluster Randomized Controlled Trial	Ishtiaq Anwar
4.	10:15-10:25am	Frequency of patients presented with different types of cataract in different age groups	Nigarish Rafique
5.	10:25-10:40am	Expert Talk	Prof Furqan Ahmad Siddique
Q & A			

Session on DPT 23-12-2023
(10.40am- 11.50am)

Panel Of Experts:	Prof Dr Muhammad Irfan Khan ,Prof Naveed Babur ,Dr Muhammad Umar , Dr Hiba Rashid
Moderator	Dr Muhammad Ali

S.#	Time	Topic	Presenter
1.	10:40-10:50am	To compare the effects of Bowen's Technique versus Myofascial release technique on pain and disability in patients with Trapezitis	Shahbaz Rahim
2.	10:50-11:00am	Frozen Shoulder in Diabetic Patients	Fizzah Amir
3.	11:00-11:10am	Immediate effectiveness of sliders versus Tensioners on pain, range of motion and hand-grip strength in cervical radiculopathy	Hira Sardar, Areej Ali
4.	11:10-11:20am	Prevalence of Proprioception error and restricted cervical ranges among students wearing headscarves in public sector universities, Rawalpindi City	Faiza Binte zafar
5.	11:20-11:30am	Effectiveness of isometric versus isotonic exercises in pain management of greater trochanteric pain syndrome	Muhammad Umar, Hiba Rashid, Humda Niaz
6.	11:30-11:40am	Impact of Interactive motor training on Balance among elderly population	
7.	11:40-11:50am	Effects Of Aerobic Exercise Program In Covid-19 Survivors With Post-Intensive Care Syndrome (PICS)	
8.	11:50am	Expert Talk	Prof Dr Muhammad Naveed Babur
Q & A			

TEA BREAK

Session on O&P 23-12-2023
(12.25pm- 1.20pm)

Panel Of Experts	Dr. Amir Niazi ,Mr. Naveed Khan, Ms. Hufsa Shahzad , Ms. Ajla Javaid
Moderator	Dr Hiba Rashid

S.#	Time	Topic	Presenter
1.	12:25-12:35pm	Efficacy of Upper Limb Orthosis in Pregnant Women Presenting with Carpal Tunnel Syndrome	Shahbaz Rahim
2.	12:35-12:45pm	Efficacy of lateral wedged insoles for medial compartment Osteoarthritis of knee	Fizzah Amir
3.	12:45-12:55pm	Evaluating the Long-term Effectiveness of Humeral Fracture Braces: A Prospective Study on Functional Recovery, Pain Management, and Quality of Life Six Months after Injury.	Hira Sardar, Areej Ali
4.	12:55-01:05pm	Factors Associating with usability and discontinuity of custom made Knee ankle foot orthosis (KAFO) with knee instability in patients with poliomyelitis.	Faiza Binte zafar
5.	01:05-1:20pm	Expert Talk; Advancement in lower limb prosthetics	Mr. Naveed Khan
6.	01:20pm	Expert Talk; Spinal Orthotics an overview	Ms. Hufsa Shahzad
Q & A			

SYMPOSIUM -36- NURSING

Saturday 23-12-2023, 08:30- 04:30pm

Venue- Hall 3

Panel of Experts	Mst.Munaza Cheema, Mst.Fouzia Mushtaq, Mst.Yasmeen Sago, Mst.Asia Nazir
Moderator	Mst. Hanfiya Bano (Asst. Nursing Instructor, CON-HFH, Rwp)

Lecture of Expert

Number	Name	Designation
1.	Mst.Munaza Cheema	Director General Nursing, Services & Education Punjab, Lahore
2.	Mst.Fouzia Mushtaq	Secretary PN&MC Islamabad
3.	Mst.Yasmeen Sago	Dean Fuji Foundation University, Rawalpindi.
4.	Mst.Asia Nazir	Chief Nursing Superintendent P.I.M.S Islamabad

Scientific Session

Sr #	Time	Name	Institute	TOPIC
1.	08:30-08:40	Mst. Sawir Nadeem	CON- HFH, Rwp	Tilawat
2.	08:40-08:50	Mst. Naveela Kauser (Principal)	CON- HFH, Rwp	Welcome Address
3.	08:50-09:00	Mst.MunazaCheema	Directorate of Nursing	Expert Talk
4.	09:00-09:15	Mst.ShumailaYasir (Lecturer)	Fauji Foundation University	Application Of Questioning StrategyBy The Nurse Educators In The Clinical Education Of UndergraduateNursing Students
5.	09:16-09:30	JecolineSummer (Principal)	CON- BBH, Rwp	Nursing Students Ethical Dilemmas Regarding Patient's Care(An Integrative Review)
6.	09:31-09:45	Mst Asia Nazir Chief Nursing Superintendent	PIMS, ISB	TBD
7.	09:46-10:00	Mr Sohail Nasir (Lecturer)	Fauji Foundation University	Exploring The Challenges Of Transition To Year 1 BSN Students And Development Of Peer MentorshipProgram At A Private School Of Nursing In Karachi, Pakistan
8.	10:01-10:15	Mst Syeda IffatBatoool (principal)	CON- DHQ, Rwp	Knowledge And Practices Of Nurse Educators About Students Engagement In The Class Room
9.	10:16-10:30	Mst Bibi Hajra Ass.professor	Iqra university Islamabad	Utilization Of Humor And ApplicationOf Learning Theory Perspective Of Nursing Students
10.	10:31-10:45	Major Shagufta	AFPGMI (NUMS)	TBD
Q&A				

Symposium- 37
DIABETES EMPOWERMENT- TEAM BASED APPROACH
 23rd December 2023 – 9.00am-01.00pm
 Venue: RMU

DIABETES EMPOWERMENT- TEAM BASED APPROACH 23 rd December 2023 - Venue: RMU old campus Hall ;4 (9 to 1 am)		
TIME	TOPIC	PRESENTER
Chief Guest:	Prof Abdul Basit (BIDE)	
Director	Prof Muhammad Khurram (Dean of Medicine) & Prof Aisha Sheikh (PES)	
Facilitators:	Dr Lubna Meraj, Prof Nadia Shams & Dr Madeeha Nazeer	
09:00-09:15 am	Opening of Session with recitation of Holy Quran	
09:15-09:30 am	Welcome Address by Prof Muhammad Khurram (Dean of Medicine)	
09:30-9:50 am	Footprints of Compassion: Unveiling the Diabetic Foot Care Experience.	Dr Madeeha Nazir (HFH, RMU)
9:50-10:10am	Role of nursing staff in Diabetes care	Nabila Naheed (Staff Nurse), Medical Centre, FJWU Rwp.
10:10-10:30 am	The diabetes centre and its burden of disease	Dr Asjad Hameed (TDC)
10:30-11:00 am	Peripheral vascular disease	Dr Atif Nazir (RIC)
11:00-11:30 am	Diabetes for role of Internist	Prof Usman Khattak (LRH)
11:30-12:00 pm	Polycystic Ovary Syndrome: Endocrine-metabolic-reproductive disorder	Prof Aisha Sheikh (AKU)
12:00 -12:30pm	Pathway of foot; Role of podiatrist	Prof Zahid (BIDE)
12:30-1:00 pm	BIDE Journey, Future Plan	Prof Abdul Basit
Q & A session		
Signing of MOU between RMU and BIDE + Closing remarks by Prof Muhammad Umar (VC RMU)		
Lunch Break		